

PRAYING SCRIPTURE

PRAYER GUIDE

When we pray God's Word, we shift our focus from our problems to his promises. Instead of relying on our own strength or trying to figure everything out, we anchor our prayers in who God is and what he has already said is true.

God's Word reminds us that no situation we face is bigger than his power, wisdom, or care. Whatever you're walking through—uncertainty, fear, grief, or hope—Scripture gives us language to pray and truth to stand on. As we pray God's promises, we learn to trust him with the outcome and invite his power to work in our lives.

The Bible is one of the greatest gifts God has given us for building a strong, life-giving prayer life. In this guide, you'll use Scripture not just to read, but to pray—turning God's Word into an ongoing conversation with him.

In the following section, use the Scriptures to claim their promises through prayer.

ASSURANCE

The LORD is my Shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

PSALM 23 (NIV)

ANXIETY

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

PHILIPPIANS 4:6-7 (NIV)

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

MATTHEW 6:34 (NIV)

COMFORT

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

ROMANS 8:28 (NIV)

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 CORINTHIANS 1:3-4 (NIV)

FAITH

Now faith is confidence in what we hope for and assurance about what we do not see.

HEBREWS 11:1 (NIV)

"Everything is possible for one who believes."

MARK 9:23 (NIV)

FEAR

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

2 TIMOTHY 1:7 (NIV)

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

ISAIAH 41:10 (NIV)

FORGIVENESS

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

EPHESIANS 4:32 (NIV)

Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

COLOSSIANS 3:13 (NIV)

FREEDOM

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

2 CORINTHIANS 3:17 (NIV)

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

GALATIANS 5:1 (NIV)

GUIDANCE

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

PROVERBS 3:5-6 (NIV)

Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it."

ISAIAH 30:21 (NIV)

GUILT/SHAME

Therefore, there is now no condemnation for those who are in Christ Jesus.

ROMANS 8:1 (NIV)

"Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool."

ISAIAH 1:18 (NIV)

HEALING

Praise the LORD, my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases.

PSALM 103:2–3 (NIV)

But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.

ISAIAH 53:5 (NIV)

LONELINESS

"No one will be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you."

JOSHUA 1:5 (NIV)

God sets the lonely in families, he leads out the prisoners with singing; but the rebellious live in a sun-scorched land.

PSALM 68:6 (NIV)

PRIDE

"God opposes the proud but shows favor to the humble."

JAMES 4:6 (NIV)

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.

PHILIPPIANS 2:3 (NIV)

PROTECTION

You will keep in perfect peace those whose minds are steadfast, because they trust in you. Trust in the LORD forever, for the LORD, the LORD himself, is the Rock eternal.

ISAIAH 26:3–4 (NIV)

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

ROMANS 15:13 (NIV)

PROVISION

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

PHILIPPIANS 4:19 (NIV)

And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.

2 CORINTHIANS 9:8 (NIV)

PURITY

Create in me a pure heart, O God, and renew a steadfast spirit within me.

PSALM 51:10 (NIV)

Let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water.

HEBREWS 10:22 (NIV)

PURPOSE

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

JEREMIAH 29:11 (NIV)

Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

PHILIPPIANS 1:6 (NIV)

STRENGTH

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

2 CORINTHIANS 12:9 (NIV)

But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

ISAIAH 40:31 (NIV)

THOUGHTS

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

PHILIPPIANS 4:8-9 (NIV)

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

ROMANS 12:2 (NIV)

VICTORY

"The LORD will fight for you; you need only to be still."

EXODUS 14:14 (NIV)

No, in all these things we are more than conquerors through him who loved us.

ROMANS 8:37 (NIV)

WORTH/IDENTITY

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do

EPHESIANS 2:10 (NIV)

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

PSALM 139:14 (NIV)