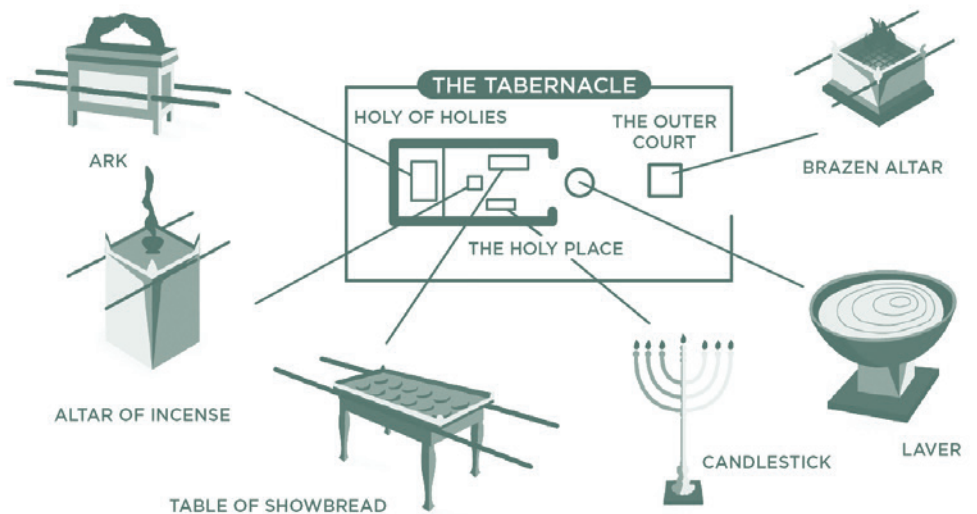


TABERNACLE PRAYER GUIDE

In the Old Testament, the Tabernacle was the place where God chose to meet with his people. Every part of it was designed with purpose, and as the Israelites moved through its seven stations, they were guided step by step into God's presence.



Today we don't need a physical Tabernacle to experience God, but the same pattern still helps us draw close to him. This prayer guide walks you through each station and uses its meaning to shape a simple, powerful way to connect with God every day.

1. THE OUTER COURT

THANKSGIVING & PRAISE

Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.
Psalm 100:4 (NIV)

The Israelites entered the Tabernacle with thanksgiving and praise, and we can start our prayer time the same way. Begin by thanking God for who he is and what he has done. Praise him for his character: faithful, good, merciful, present. Reflect on moments where you've seen his kindness this week.

PRAYER PROMPT

Lord, I enter your presence with gratitude. Thank you for your goodness, your care, and your presence in my life.

2. THE BRAZEN ALTAR

THE CROSS OF JESUS

Praise the Lord . . . who forgives all your sins.
Psalm 103:2–5 (NIV)

In the Old Testament, everyone had to regularly bring animal sacrifices to the Tabernacle as payment for their sins. Today, we don't have to do that because Jesus paid for our sins once and for all with His blood on the cross. Reflect on these gifts from Christ's work: Forgiveness of every sin. Healing—physical, emotional, relational. Redemption—God reclaiming what was lost. Transformation—the Spirit shaping Christlikeness in you.

PRAYER PROMPT

Jesus, thank you for your sacrifice. I receive your forgiveness, healing, redemption, transformation, and blessing today.

3. THE LAVER

CLEANSING & PREPARING YOUR HEART

Offer your bodies as a living sacrifice . . .
Romans 12:1 (NIV)

The laver was a bowl of water in the Tabernacle where people would wash themselves. Invite God to search your heart and cleanse you. Offer every part of yourself to his purposes:

Mind: My thoughts, attitudes, imagination

Ears: What I allow to influence me

Eyes: What I look at and focus on

Mouth: My words, tone, and conversations

PRAYER PROMPT

Lord, cleanse me. Shape my heart, thoughts, and actions. I surrender every part of myself to you today.

4. THE GOLDEN CANDLESTICK

THE HOLY SPIRIT'S FILLING

Not by might, nor by power, but by my Spirit . . .
Zechariah 4:6

In the Tabernacle was a golden candlestick. The fire represents the Holy Spirit and our call to be light in the world's darkness. Invite the Holy Spirit to fill, guide, and empower you. Pray through the fruit of the Spirit: Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.

PRAYER PROMPT

Holy Spirit, fill me. Produce your fruit in me and empower me to serve and love others today.

5. THE TABLE OF SHOWBREAD

THE WORD OF GOD

Keep this Book of the Law always on your lips; meditate on it day and night . . .
Joshua 1:8 (NIV)

Next in the Tabernacle was the Table of Showbread, holding twelve loaves that reminded Israel of God's constant presence and daily provision. Today, this points us to the nourishment we receive as we spend time in God's Word. Open Scripture and let God feed your soul. Read slowly. Reflect on a key phrase. Ask God what he wants you to obey, trust, or remember. End by claiming one promise to carry with you.

PRAYER PROMPT

**Father, nourish me with your Word.
Give me wisdom, clarity, and strength for today.**

6. THE ALTAR OF INCENSE

WORSHIP & GOD'S NAMES

The name of the Lord is a strong tower . . .
Proverbs 18:10 (NKJV)

Near the entrance to the Holy of Holies stood the Altar of Incense. Its continual smoke symbolized the prayers and worship of God's people rising to him. This station reminds us to pause and lift our hearts in worship and adoration. Let worship rise from your heart. Pray through some of God's Biblical covenant names:

Jehovah-Jireh: The Lord my Provider

Jehovah-Shalom: The Lord my Peace

Jehovah-Rapha: The Lord my Healer

Jehovah-Nissi: The Lord my Victory

PRAYER PROMPT

God, I worship you. You are my Provider, my Peace, my Victory, my Healer. Draw me close as I adore You.

7. THE ARK OF THE COVENANT

INTERCESSION

I urge . . . that requests, prayers, intercession and thanksgiving be made for all people.
1 Timothy 2:1

The final place in the Tabernacle was the Holy of Holies, where God's presence dwelled. There the priests would intercede on behalf of the people of God just as we are called to intercede on behalf of those around us. End your prayer time by lifting others to God. Pray for:

Your family and relationships

Leaders and those in authority

Friends and coworkers

The hurting, sick, lonely, or struggling

Those far from God

Those who oppose you

Your church and pastors

PRAYER PROMPT

Lord, let your kingdom come in the lives of those I love and those I struggle with. Move in power, bring hope, and draw people to yourself.

CLOSING

PRAYER PROMPT

Father, thank you for meeting me step by step. Jesus, thank you for your saving work. Holy Spirit, lead me today. I walk forward covered, cleansed, empowered, and loved.



**SADDLEBACK
CHURCH**