



**PRAY** 24/7



**Pray 24/7 Prayer Prompt:**  
The You Can Do This Series

Thank you for your partnership in Pray 24/7! We believe that God is stirring a fresh movement of prayer and wholehearted devotion, and Jesus said his house would be called a house of prayer.

**Prayer Focus:** The You Can Do This message series will be all about addressing what it means to face life's challenges through the lens of Jesus as our Good Shepherd. We will focus on Psalm 23, exploring themes of contentment, restoration, guidance, courage, victory, and hope. The series will emphasize spiritual resilience to counteract the mindset of modern culture. Let's pray that God will strengthen us through his Spirit in our inner being to live a life of steadfast faith and hope.

- **ME** – As you open your heart today, picture Jesus leading you by still waters and creating a place for you to rest in him. Express your gratitude for his presence in you, that he made a way for you to know him and experience peace with God. What concerns are you carrying today that you can choose to release to his care? Jesus invites you to cast your anxieties on him.

*Cast all your anxiety on him because he cares for you. 1 Peter 5:7 (NIV)*

- **MY CHURCH AND COMMUNITY** – Pray for those in the Saddleback community and your circle of friends who are struggling and feeling overwhelmed with life. So many are dealing with the feeling of hopelessness and anxiety. Let's pray for our people to find strength and courage in Jesus as their source. Pray for any who are exploring faith in this series to open their hearts to Jesus. Pray for the Spirit of wisdom and revelation to open eyes to see Jesus as the Good Shepherd during this series, and that as a church we would know and follow the voice of Jesus.

*I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being. Ephesians 3:16 (NIV)*

- **MY REGION AND WORLD** – Many of the typical sources of security seem to be less reliable these days — the home, the economy, and geopolitical climate of the world. Pray that people would awaken to a hunger to seek Jesus and experience his power and love. Pray for the church to be a place where people can encounter the living God and discover his desire to be their Good Shepherd.

*You will seek me and find me when you seek me with all your heart. Jeremiah 29:13 (NIV)*





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To finish, meditate on what God wants you to take away from his Word, or from your time with him today. Invite him to guide your words and thoughts as you go about your day.

#### RESOURCES:

- [Pray 24/7 FAQ](#)
- The Saddleback Worship Team has curated a music playlist specifically around this month's prayer focus. Click [here](#) for the playlist or visit the [Saddleback Worship page](#) on Spotify.
- Questions? Email [pray247@saddleback.com](mailto:pray247@saddleback.com)

