



Week 7: A Formula For Success

Here's an interesting fact: when running a marathon, there is the risk of "hitting the wall." This is the point where a runner is just too tired to keep running. For most runners that hit the wall, this happens in the last 20%.

But here is another, even more interesting fact: runners who go with a friend instead of solo, run 20% further on average. We are in the final 20% of The Anchored Life Challenge, if you are feeling like you are getting close to hitting the wall reach out to your book club (or us)! We're in this together and we can't wait to cross the finish line with you!

What's New in Week 7:

- **Week 7 Intro Video & Reading Plan:** This week is the Gospel of John! This is one of the most beloved books of the Bible, and for good reason! Keep reading your Immerse Messiah to find out why!
- **What's Your Next Study:** Is your book club continuing on as a small group? Learn how and what to study next!
- **Share Your Anchored Life Tips:** Who knew that even reading could be easier when done together? Check out this week's story of staying connected through the New Testament.

WEEK 7 — JOHN

John



Watch This Week's Video

Reading Plan

- Day 31 pp. 367-377
- Day 32 pp. 377-387
- Day 33 pp. 389-396
- Day 34 pp. 397-411
- Day 35 pp. 411-423

Just jumping in? You can get caught up on [previous emails and videos HERE](#).

More great tools for the whole family:

- [Saddleback Kids: Hey-O Stories of the Bible podcast](#)
- [Saddleback Student Ministry: Immerse: Luke & Acts podcast](#)

The Next Right Thing



Saddleback To Do List:

- ✓ Finish The Anchored Life Challenge (almost there, yay!)
- ✓ Make your book club official by heading over to the [Start a Group page](#).

✔ After starting a group, find a [brand new study](#), or continue on with Immerse Beginnings, or reply to get some more personalized recommendations for our campus.

✔ **COMING SOON: ACTIVATE!** Pastor Andy and Saddleback are *very* excited about the launch of Activate. Stay tuned to learn how you can sign up for the launch.

We're here to help with each next step and we can't wait to walk this journey with you as one church.

Party Planning



How are you celebrating?

Reading the entire New Testament in only 8 weeks is an accomplishment worth celebrating and we want to share your best small group party ideas! But to get you started, here are a few from us:

- Food (obviously!) but create a "New Testament feast!" Find foods mentioned in the New Testament and assign one to each member of your book club. If you aren't much of a cook then just call dibs on grapes!
- Have a commissioning. We learned a lot together, and now we can use this opportunity as a book club to commission each other to live out the 5 purposes seen through out the New Testament.
- Bible Pictionary. This one is fairly self explanatory... and a ton of fun!
- Sharing Characters. Go around your book club and encourage each person to share a character or book that really stood out to you and why.
- Plan your next study. Saddleback has over 100 different studies for you to choose from or you can go through your own.

We want to hear your celebration ideas! Just reply to this email or send an email to smallgroups@saddleback.com.

Join The Anchored Life Challenge

Do you have more questions?

If you want to learn more about The Anchored Life Challenge and *Immerse: Messiah*, then you've got three great options:

- You can read the [full FAQ document HERE](#)
- Or you can watch one of the [recent Zoom FAQ sessions with Pastor Jason Williams.](#)
- Reply to this email with any book club questions you are stuck with!

